



THE MESSAGE



It took the pain of humiliation, and a caring sponsor, to help her attain the peaceful joy of...

Humility

I STOOD in the doorway, on the threshold of a new life, and wondered what it was all about. My world had come tumbling down around me, the booze had washed away my everything: home, job, family, health. Nobody wanted this gal any more; I had used them all up.

But these people in this room were different. They knew I was a lush. They looked at my unkempt person, told me I was looking good, and assured me that the shakes would go. They smiled at me and told me everything was going to be all right. No others on earth would have wanted me then, in my beaten condition, without a nickel to my name, and my life a shambles behind me. Yet here they were, smiling and putting out their hands to welcome me into their warm, friendly midst, where everybody got another chance. Wonderment showed plainly on my face. The ability to think clearly had not returned, and I thought for a moment I might be hallucinating again.

A few years earlier, at the top of the heap in the business world, wheeling and dealing with the best of them, I had learned that when you found yourself in a gathering and

didn't know the score, you simply kept your mouth shut and listened. You assumed a wise but prudent expression. I could always pull off this aloof pretense, until I drank too much. That didn't take long, when I was drinking two drinks to everybody else's one.

Then, as I began to slip downward into the clutches of alcohol, there were fewer invitations to cocktail parties. A succession of jobs took me through some petty positions where I had to really hustle to appear still at the top. Inside, though, I had known for years that I could reach out and touch bottom; it was that close to my heels.

No mistake about it--AA meant truly learning a new way of life. If I thought I knew the ropes in the business world, I had to learn them all over again here. You did not just hang around with your mouth shut for a while, listen, and then pour forth a spiel to show the gang that you were "with it." Every time I thought I had it and tried to tell some newcomer how it worked, I got a gentle cuff from my sponsor. She reminded me that we never have all the answers, that the cobwebs were still upstairs, and that I'd better take care of myself so I could become

sober, instead of just dry, before I attempted to clue anyone else.

Humility was a word in a book. There was never room for any of it in my life. Yet I found that to be humiliated brought small degrees of humility. I mentioned at a meeting one night that I had dropped into the cocktail lounge uptown to see some of my old friends for lunch. My sponsor, when it came her turn to speak, told me and the whole assemblage that I'd better "stay the hell out of there," because I was not stable, was on a pink cloud, thought I had the world by the tail, felt "cured," and needed to remember constantly that I was only one drink away from a drunk. All the heads around the table nodded in agreement. The humiliation! I had been cuffed again, and this time not so gently. I was learning. I was growing. And it hurt. Oh, God, how it hurt!

They said the key to accomplishment in the program was action. So I got my name and phone number onto the list at the intergroup office. When I attempted to help another newcomer off the stuff and into the program, I was told that this was not what "action"

(See "Humility", continued on page 4)

SOME TIME AGO, I attended the Western Canada Regional Forum. During the weekend it occurred to me that our group has some individuals who are responsible in service, but as a group we have become extremely irresponsible.

I began to wonder if our General Service Representative (GSR) knew that the Forum was being held, or if he even knew what a Regional Forum was. I began to wonder if "Ted" had ever attended any GSR meetings, and, with his obvious lack of interest, why he hadn't resigned.

For about a year now our group has not had any general service reports. We were given one survey to fill in. Our GSR did announce one special event (the same day it was to take place), and occasionally we get information from members of other groups. We have

"That's Not My Job!"

members of our group on the general service committees, but they don't pass information on to the group because "that's Ted's job."

"Who is responsible for this happening?"

Our last GSR wasn't able to do a proper job due to time restrictions, so being a responsible group member she resigned. Why was Ted elected? He was an okay guy, he'd been around for a while, and besides, it would be good for him.

What about our alternate GSR? He doesn't need to go to the meetings because he gets his information from Ted. Besides, he is just the alternate, Ted is the GSR. "It's Ted's job."

Why didn't I make the announcement to the

group about the Forum? "It was Ted's job to do that."

Our group has gone for about a year without reports on what is happening in our district, our area, and in AA world-wide.

The same thing has happened with our intergroup reps. We no longer get our monthly reports, and have reached the stage where our group is not even on the Twelfth Step list at our central office because our reps did not get the forms to the group. We do have another member of our group on the intergroup committee who knew what was going on, but didn't inform the group when important issues came up because "that is the rep's job." She never questioned the reps on why they were not attending the intergroup meetings because "that's the group's job."

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The Central Office of Shreveport

2800 Youree Drive, Suite 362,
Shreveport, LA 71104-3646
[South-West Corner of
Youree Dr. at E. Washington St.]

For information about our Central Office Intergroup, the Fellowship, the program of recovery in AA, meeting resources, general information, newsletter subscriptions, 24-Hour Hot-Line, and for help to find meetings anywhere in the world call:

Office: (318) 865-2172
Fax: (318) 865-2170

(Some info may only be available during regular business hours.)

Visit our website at www.aacentraloffice.us for the District 1 AA meeting list, a color version of this newsletter, a section of event flyers and other information.

OFFICE E-MAIL
aahelp@bellsouth.net

E-mail to the Editor:
centralofficemessage@yahoo.com

Office Activity Calendar Central Office Intergroup Representative Meetings

The first Tuesday of every month at 6:00 pm at The Central Office of Shreveport (The next two of these will be 07-07-09 and 08-04-09).

COI Steering Committee meetings are the last Tuesday of every month at 6:00pm at The Central Office of Shreveport (The next two of these will be 06-30-09 and 07-28-09). ■

Subscriber Note:

Please check the date on your address label for the expiration date of your subscriptions and renew now to avoid interruption of service. ■

DO YOU KNOW ANYONE? who would enjoy getting a gift subscription of our newsletter

"The Message"
with its stories, announcements, updates and other news of interest from around the Fellowship? Complete information about individual and group mail order subscriptions as well as e-mail subscriptions is on page 11. ■

Volume 28, Number 7

CENTRAL OFFICE NEWS & NOTES; MEMOS & MESSAGES

The Message

July Intergroup

Please note:

Since the 4th of July is the first Saturday of the month, July Intergroup was moved to July 11th.

JULY INTERGROUP

Hosted by
Central Office Intergroup
and

The Central Office Steering Committee
At The Koala Club
4809 Shed Rd.,
Bossier City, LA 71111

Dinner at 6:30pm
The Serenity Sandwich Shoppe
(Please bring desserts).

Speaker at 8:00pm
TBA

50/50 Raffle drawing at 9:15pm. ■

Another great Intergroup was held in the beginning of June and a great **Big Thanks** goes out to the ladies of the Yaya's Group who put on a wonderfully elegant dinner and awesome speaker meeting at the Highland Club. A special thank you also goes out to all who helped cook, serve, clean up and especially all who attended this very nice event. Everyone had a fabulous time.

We're all jazzed up and looking forward to July 11th Intergroup at the Koala Club with The COI's and Steering Committee hosting (see above) and also anxiously looking forward to Intergroup in August 1st, 2009, the Keystone Group will host with their standard fare of charbroiled hamburgers at 6:30pm and speaker at 8:pm at The Highland Club. See you there! ■

The Price of Business is Going Up ↑

Since the economy is creeping up and putting the pinch on everybody, it is with great grief that we must bemoan the fact that it about to affect the book and literature prices at the Central Office.

Beginning July 1st, the price of a majority of our stock will go up in price. WE may gradually increase the prices so that it doesn't hurt that bad right away but by the end of the year we should be finished with all the increases. You have until the end of June to stock up on your favorite literature at current prices. After that prices will rise in concert with price increases extended by A.A. World Services, Inc. on conference approved literature as well as books and merchandise from our other vendors. THANK YOU to all for your continued support of your Central Office of Shreveport! ■

Central Office of Shreveport Intergroup "Central Office Backers"

"When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we are generous with the hat, we give a token that we are grateful for our blessings and evidence that we are eager to share what we have found with those who still suffer." -Bill W.

Every service in the Fellowship is designed to make 12th Step work possible. As a **"Central Office Backer" (COB)**, your voluntary, personal contributions can and will make the vital services at our office more possible. As a **COB** your continued support with a monthly contributions in the amount of your choice will help sustain the services that are provided by Central Office. This can be done in person, or by mail with a check or money order sent payable to The Central Office of Shreveport Intergroup 2800 Youree Drive, Building A, Suite 362, Shreveport, LA 71104. (Do not mail cash.)

Please check : I'll be a C.O.B. !

CONTRIBUTION INFORMATION:

Starting Date: _____

Amount to be donated : _____

Monthly ; Quarterly ; Bi-Annually ; Yearly .
(Note: No member can contribute more than \$3000.00 per year.)

(Keep this half for a record of your tax deductible contribution to Central Office of Shreveport Intergroup.)

{Larger forms are available from Central Office} ■

CENTRAL OFFICE INTERGROUP HOT-LINE PHONE ROTATION JUNE 18TH THRU AUGUST 4TH, 2009

June 8-14
Sobriety 101 Group

June 15-21
T.I.E. Group

June 22-28
On The Way Home

June 29- July 5
Rise -N- Shine

July 6-12
Lunch Bunch

July 13-19
Hardy Group

July 20-26
New Way/New Life

July 27-August 2
Hi Noon Group

Where is your home group when it comes to giving you the opportunity to carry the message to the alcoholic who still suffers. If your group is not in the intergroup rotation to answer the Central Office hot-line, then you might want to take it upon yourself to find out how your home group can start serving in this vitally important part of service work. When the still suffering alcoholic reaches out in a last act of desperation, finds a phone book, and places a call to our office hot-line after hours, on weekends and holidays, it is home groups who are a part of Central Office Intergroup that are always there to answer that call. Call or come by the office and see what it's all about and how to finally get your group fully connected. ■

www.aacentraloffice.us

The Central Office of Shreveport Intergroup is has a website where cyber-surfers can electronically access our meeting list, our full-color newsletter, as well as local event flyers, calendar of events, Tri-State Committee news and other information from around the Fellowship. Log on to www.aacentraloffice.us and see what's going on. If you would like add your suggestions on what you'd like to see on our new website, just e-mail us at aahelp@bellsouth.net. We value your questions and feedback about every aspect of our office. Call us at 865-2172 and become a part of the solution.

GET READY, GET SET.....CLICK! ■

"The Message" Newsletter Subscription Drive

One small way the Central Office Intergroup helps to carry the message of recovery is by the publication of this newsletter which contains stories of recovery, news, updates and announcements from around the fellowship to keep us informed. It is now time for many readers to renew their subscriptions to this publication. **You can help by getting the word out** that this newsletter is available by mail order subscription for \$15.00 a year or, electronically over the internet via e-mail or at our website for free. Those interested can e-mail, call or come by the office for more information or use the subscriber page in the back of this or any issue of "The Message". (See special coupon offer on page 11.) ■

(Mail us this half.)

YES! I will be a "Central Office Backer!"

New Member , Current Member , Returning Member .

Starting Date: _____ Amount \$ _____

Monthly ; Quarterly ; Bi-Annually ; Yearly ; One Time .

Check# _____ in the amount of \$ _____ enclosed.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

E-mail: _____ @ _____

Texting address: _____ @ _____ ■

“The King’s English”

THE LANGUAGE of the heart in AA isn't always, as we describe it in Canada, the King's English! My first contact with AA was in prison, a place where the communication skills required to make your point were mostly couched in street language, or you risked being labeled a freak. The latter years of my drinking took place on Skid Road, where my associates were other drunks like me, scrambling to make the price of a drink, or a drunk, any way possible.

Whatever grammar I may have learned in school, or adopted in the years during which I found it possible to both drink and pursue a career, was replaced by the language of the bars, greasy spoon restaurants, back lanes, flophouses and gutters where I lived.

My membership in AA was not an easy transition from one lifestyle to another. It is a matter of record that I seldom used a five-letter word where a four-letter word would suffice. It is also a fact that I purposefully used four-letter words for their shock value during the early months, I now realize, as my own particular form of attention-getting and continued rebellion.

The well-dressed men and women in my group, laughing and talking freely among themselves, irritated me. I wanted desperately to belong with them, but until I had

learned to hear, rather than just listen, I assumed they were both intellectually and socially superior. When asked to speak on a topic, my usual reaction was to revert to street language, complete with colorful adjectives and heavily larded with four-letter obscenities.

The effect was frequently a shocked silence during which everyone's attention was focused on me. I achieved my goal. I was the center of attention. My egomania was in full flower. I had proven again what a "bad-ass" I really was and had staked out my territory in the group.

What a tolerance-tester I must have been, and how absolutely wonderful to be able to report that rather than excluding me from discussions, the members of my group edited out the gutter talk and praised me for whatever insights about recovery I stumbled across, submerged though they may have been under the sewage I spouted. Over time, the four-letter words lost their impact and even embarrassed me and I found that in an earnest effort to carry the message, it had become a habit to refrain from using them.

After three or four years of sobriety and recovery, when I noticed newcomers resort to my old attention-getting, rebellious tactic, it offended me. I had come

to realize how dishonest it was for me, a person with two university degrees, to be using that kind of language when most of the members in my group didn't deserve to be transported to the gutter, just because I had landed there.

I would love to tell you I no longer use those colorful expletives, but that too would be dishonest. Occasionally, when enthusiasm or fervor move me, or when I am trying desperately to make a point for these newly sober people from the street where I lived so long, some of these words seem most appropriate.

The difference, I hope, is that I am no longer seeking to bolster my ego and I am always somewhat amazed and ashamed at the shock waves that reverberate around the tables. It is still difficult for me to believe all alcoholics didn't use those words, but even if they didn't, I never heard them used frequently.

I have been sober and recovering for more than eighteen years. With one exception, I have the longest continuous sobriety in my group. The members of the group know my story, but they know me only as a sober member of AA who practices what he preaches.

They have little knowledge of what I was really like when I arrived, despite my attempts to inform them, but I have not forgotten. I was a

bitter, lonely, angry, resentful, warped, and twisted alcoholic. One of those the "Twelve and Twelve" suggests whose attitude "can only be described as savage."

Through the loving tolerance of the AAs in my first home group, I came to understand the reality of the Third Tradition: "We do not care how warped or twisted you may have been, even your crimes. We just want to be sure that you have the same great chance that we had," to find sobriety, recovery, serenity, and peace.

During the years of my recovery I have learned to treasure the members of AA. To understand that they do not deserve to be offended by me simply because the degradation I brought upon myself was deeper than theirs.

I know my group forgives my occasional lapses into the vernacular, and for those members who are offended by street language, if my experience means anything. God and the AA program can and will do a dry-cleaning job, given time and opportunity.

Don L.
Osoyoos, British Columbia

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("Humility", continued from page 1)

meant for me. Another gentle cuff, and a suggestion that I get active first by making the coffee, picking up coffee cups, emptying ashtrays, and folding chairs. More humiliation, and more humility seeping in while I was unaware.

Then, one day, I read in a book: "A humble person never needs to be put in his place--he is always in it." This simple sentence made a real difference in my life. The braggart in me slowly folded its tent and crept away. That wild desire to make it back up to the top in the business world quietly left me. Slowly, I realized that, as an alcoholic, I could not handle that kind of success--it would be my ruin. My only aim was to be sober, respectable, and honest in all my affairs. No more pretense about being a big wheel. No more shooting for the stars. Suddenly, I found it unrealistic to need a big, flashy car, a fabulous place to live, and expensive clothes, when my earning power entitled me only to a modest compact car, a neat, small apartment, and clean, pressed, presentable clothes.

When I learned to live within my means, my values slowly changed. Hamburgers after a meeting with some friends from the group were a lot more digestible than cocktails and canapés with the drinking crowd uptown. Life became richer when I took off the rose-colored glasses and noticed that the world around me was more beautiful just as God painted it. A walk through the park at dusk with the birds chortling their way to sleep in the trees and bushes was more enchanting than dinner at the Top of the Plaza. The rat race was over. Someone up there had loosened the noose and let me down gently until my feet touched the ground, and the drunken woman was once again a member of the human race, seeing beauty as it was meant to be enjoyed and calling a spade a spade, at long last.

The party was over, and the real me emerged. Honesty was no longer just a word in a book. It was what made me tear up my charge cards because I knew I could not live on credit. It helped me turn down the offer of a few hundred from my brother to help me get on my feet. Slowly, I realized that if I wanted to be my own person, I had to do it myself. The cost of paying the piper was high, but the challenge brought out the best in me--the will to make it. A heavy foot on the gas pedal had always been my big problem. Whenever I saw progress, I would automatically accelerate to full speed ahead. Now, I had to learn to cool it. I was taught: "First you creep, then you walk, then you run." It was tough, but the group helped me keep a check on things and remain low-key. This low

profile was strange clothing for me, but I soon began to feel comfortable with myself. When I became dissatisfied, my sponsor said, "Good! There's always room for improvement." Ah, those gentle cuffs. I didn't resent them any more. I had come to believe that my sponsor had been handpicked especially for me.

Nowadays, I'm just a shadow of the gal who walked through that door. You wouldn't know me--my own family hardly does. But oh, what an incredible change in a person! I don't brag any more about what I was and where I used to be. Now, I know that I was a great big drunken nothing.

Dressing to go out used to mean tons of makeup and jewelry, tight dresses, and the highest of heels to show off shapely legs with a miniskirt. I wanted heads to turn when I walked into the room--preferably male heads. Getting ready to go out now means some good grooming before my meeting. The hair is no longer colored orange and teased until I look like a clown. Every hair is in place and shiny clean. The stark, red nail polish is gone, and the nails are scrubbed clean and neatly manicured, with just a clear gloss. A pretty dress, with sandals, or a slacks outfit has replaced that low-cut party dress. The high-pitched, loud, grating voice has changed to a low, meaningful response.

I'm not out to impress anyone these days. Neither do I want to be lost in the crowd. When I take my place in the middle or back of the room, comfortable with my lot and with a heart full of gratitude, I am not lost. Exactly where I am and why I am there is perfectly clear to me. I'm not there to drink the crowd under the table or dazzle them with my pizzazz. I'm there only to stay sober and evolve into a better character.

As a blush is a signal of innocence, serenity is a sign of a clear conscience. The peace of mind I feel today is not the result of an executive position, a nifty new car, a plush apartment, or expensive clothes. It comes from within me, where the bits of integrity are forming a real person. I don't need to be shown my place any more--I'm in it. And contented and happy there, too.

I. P.
Rochester, New York

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**A little tribute, small and tender,
Just to say We still remember.**

In Memoriam...

- Al Peoples
- Tim Baham
- Joel Shelton ☐

**AL-ANON & AL-A-TEEN
INFORMATION
(For family and friends of alcoholics.)**

**AL-ANON
Family Group
Headquarters
1600 Corporate Landing
Parkway,
Virginia Beach, VA 23454.
Phone (757) 563-1600**

**On the web:
www.al-anon.org
& e-mail:
wso@al-anon.org**

**AL-ANON Toll Free:
1-888-4AL-ANON**

**AL-A-TEEN Toll Free:
1-800-356-9996**

**AL-ANON/ in Shreveport:
(318)-683-1399**

**[Info provided here in the
spirit of cooperation
not affiliation.]**



**ADDRESSES TO
KNOW & USE**

Supporting the World Wide Fellowship is important. These addresses are where you can administer your group's support.

**Shreveport/Bossier:
Central Office of
Shreveport Intergroup
2800 Youree Dr.,
Suite 362,
Shreveport, LA 71104**

**The District
District I Treasurer
P.O. Box 3924
Shreveport, LA 71133**

**The Region-Area 27:
Treasurer:
LA State Area Assembly
P.O. Box 51701,
Lafayette, LA 70505**

**Nationally/ Worldwide
General Service Office
Box 459,
Grand Central Station,
New York, NY
10163-0459**



The South Shreveport Group invites you to hear

Bill L.

At our quarterly speaker/eating meeting, at the Highland Club, 1711 Tulane Ave. Shreveport Saturday June 20, 2009. Food served at 6:30, speaker at 8:00. We will be serving meatloaf with 'taters, beans, rolls, salad, and desserts.

Bring a dessert and some friends and enjoy the fellowship.

We stay sober by the steps we take, not the meetings we make



A Declaration of Unity
This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come

The Announcement Guru:
Conferences and Conventions From Around The Fellowship

(Continued from page 5)

24-26 Truro, Nova Scotia:
34th District 6 MidSummer Roundup
85 Queen St., Unit 5,
Truro, NS B2N 2B2
dmnchair@hotmail.com
www.area82aa.org/events

29-8/2 Jacksonville, FL:
53rd Florida State Conv. Box 440565,
Jacksonville, FL 32222-4405
www.53.flstateconvention.com

29-8/2 San Antonio, TX:
IDAA International
Doctors in AA Meeting
2616 NW 25th Place,
Gainsville, FL 32605-2826
meetings@idaa.org

31-8/2 Boise, ID:
Gem State Roundup
Box 44176, Boise, ID 83711
www.gemstateroundup.com

**31-8/2 Campbell River,
British Columbia:**
35th Campbell River Rally
462 South Mclean St.,
Campbell River, BC V9W 5W1

31-8/2 Carlisle, PA:
16th Pennsylvania State Conv.
1622 Crawford Ave.,
Altoona, PA 16602

31-8/2 Hot Springs, AR:
69th Arkansas State Conv.
210 Michelle Ave;
White Hall, AR 71602
convention@arkansasaa.org
www.arkansasaa.org

31-8/2 Kenner, LA:
LASCYPAA25
(Louisiana State Convergence
by Young People in AA).
Box 7695 Metairie, LA 70010.
dondodrugsever@hotmail.com

31-8/2 Montrose, CA:
17th Foothill Roundup

Box 184, Montrose, CA 91021
www.foothillroundup.org

31-8/2 Moon Township, PA:
PENNSCYPAA
(Pennsylvania State Conf.
of Young People in AA).
State Conv. Box 90266,
Pittsburgh, PA 15224.
www.pennscypaaxxi.org

31-8/2 Roseburg, OR:
10th District 13 Campout
Box 202 Roseburg, OR 97470

31-8/2 Southbury, CT:
26th CT Walk the Walk Roundup
(presented by gay and lesbian mbrs.)
Box 1389, New Haven, CT 06505
ctwalkthewalk@gmail.com
www.ctwalkthewalk.com

**JULY
INTERNATIONAL EVENTS**

July 24-26 Douglas Daly, Australia:
Top End Bill W. Camp.
aa.darwin@bigpond.com
www.aa.org.au

July 27-31 Kakadu, Australia:
Kakadu Tag Along.
aa.darwin@bigpond.com
www.aa.org.au

July 31-August 3 Darwin, Australia:
Darwin Roundup.
aa.darwin@bigpond.com
www.aa.org.au

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The A.A. Grapevine, Inc. at
[www.aagrapevine.org/calander/
Calendar.index.html](http://www.aagrapevine.org/calander/Calendar.index.html)

The events listed here are presented solely as a service to readers, not as an endorsement of these events by the Central Office of Shreveport, The A.A. Grapevine, Inc. or by A.A. as a whole. For any additional information, please use the addresses, phone numbers, e-mail addresses, or websites listed in this section.

(**"Job"**, continued from page 1)
For years I was isolated because of my drinking, and now I find that due to the lack of responsible group representatives we have become isolated from other groups in our area, from the General Service Office, and from AA worldwide.

On several occasions members outside the meetings have complained about the lack of responsibility shown by our reps, but nothing is said directly to them because "that's the group's job."

Twice during business meetings group members have commented that we have not been receiving reports from our reps and the importance of getting them. So, it's not as if we never said anything--right?

How could this have happened

in a group that had always been so service conscious in the past? Why did we allow it to go on for so long? **Who is responsible for this happening? Each member of our group is.** As a member of my group, if "trusted servants" are not doing their jobs I am responsible to question them. If the problem is not resolved I am responsible to bring it to the attention of my group. As a group member I am responsible to adhere to the Traditions, and to beware of putting "personalities before principles."

**Time for a business meeting?
You bet!**

Anonymous

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Other Events of Interest

**UNITY DAY
2009
FUNDRAISER**

CAR WASH
THE HIGHLAND CLUB
1711 TULANE AVE,
SHREVEPORT, LA
71103
318-636-9388
SATURDAY,
JUNE 20, 2009
10AM-2PM

SNACKS & REFRESHMENTS
WILL ALSO BE SOLD!



Fish Fry



**At Highland Club
1711 Tulane Ave
Shreveport, LA
Dinner—5:30pm**

**Pie in the face—
7:00pm**

**Speaker
Carlston F.
8:00pm**

**Tickets \$10
All you can eat**

Saturday July 11th

LASCYPAA bid

Hosted by:
Shreveport bossier young people in alcoholics anonymous service committee
(a committee of the Phoenix Group)

Contact- phoenixgroupaa@gmail.com
Or Carter H. 318-572-4506

Date: 07/04/2009 Time: 1:00 PM To 9:00 PM

**4th of July
Koala Club
Family Blowout**

The Koala Club 4809 Shed Road, Bossier City, LA 71111
(318) 747-0411

Food :
Hamburgers, Hotdogs,
Chips, Coleslaw!!!
Please Bring Desserts!!!
Speaker Meeting: 7pm
Lisa F.—Shreveport, La.

Fundraising Events:
Face Painting
Pie throw
Dunk Tank
Football Throw
Duck Pull
Basketball Shoot
TV Raffle Drawing - 8pm
(Do Not Have To Be Present To Win)
50/50 Raffle - 8pm
Fireworks at Dusk

FLAT PANEL HDTVS

Grand Raffle Prize:
Visio 42 Inch Flat Screen TV
120 Mega Hertz—1080 Pixel
\$1099.00 Value
For Tickets Call:
Charlotte 318-453-3452
Mark 318-207-1347
Chris 318-564-3901
Mike 318-208-2501

THE FRIENDS OF AA PRESENT

FOLLIES V

Anita Will Recover

HIT MUSICAL COMEDY

No DRUGS! No ALCOHOL! No SEX! No REFUNDS!

STEAK DINNER AND FOLLIES V

50/50 RAFFLE \$10 AT THE DOOR SILENT AUCTION

Saturday, June 13, Highland Club

Dinner 6 pm Show 8 pm

ALL ARE WELCOME BRING DESSERTS BENEFITTING S.T.E.P.S.

Ham on Wry

A SOBER FATHER WAS RAISING his young son with the help of AA slogans and sayings. If the boy was angry or agitated, his dad would say, "Easy Does It." If the boy was sad or unhappy, his father would counsel, "Let Go and Let God." This plan backfired one day when the boy asked to go to the toy store.

"Absolutely not!" said the father.
"Aw, c'mon Dad," said the boy.
"Bring the body and the mind will follow."

Doug R.
New York

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Small Miracles

- Putting the garbage can out on the sidewalk without feeling guilty about all the beer cans and whiskey bottles in it.
- Going past a bar where you used to get loaded, and feeling the joy of not having had a drink since . . .
- Being able to read your handwriting from last week.
- Drinking your orange juice in the morning without a shot in it, and feeling better than you used to feel when you drank it with a shot in it.
- Going to bed knowing that you didn't take a drink all day, and feeling confident that you won't take one tomorrow.
- Waking up in the morning and knowing your car is in the garage without going out to see.
- Speaking to your neighbor without wondering how you looked the last time he saw you.
- Drinking a chocolate milk shake and enjoying it just as much as you used to enjoy a Manhattan.
- Doing a chore around the house that has been staring at you for months.
- Putting in a tiresome, frustrating, unrewarding day, and going to bed with the greatest reward an alcoholic can have: "I didn't take a drink all day."

G. A.,
New Jersey

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Short Takes

Impatience is waiting in a hurry.

The Tom-Tom

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Ham on Wry

A GROUP OF DRINKING BUDDIES went deer hunting. They split up into pairs for the day. That night, one hunter came staggering back to camp alone, half-bombed and dragging an eight-point buck. The others said, "Where's Harry?"

"Oh, he passed out, a couple miles back up the trail."
"What? You left Harry lying out there alone, and carried the deer back?"
"A tough call," admitted the marksman, "but I figured, who's gonna steal Harry?" Roy S. from Alberta, Canada

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Here and Now

I BELIEVE that only one person in a thousand knows the trick of living in the present. Most of us spend fifty-nine minutes an hour living in the past, with regret for lost joys, or shame for things badly done (both utterly useless and weakening)--or in a future which we either long for or dread. Yet the past is gone beyond prayer, and every minute you spend in a vain effort to anticipate the future is a moment lost. There is only one world, the world pressing against you at this minute. There is only one minute in which you are alive, this minute--here and now. The only way to live is by accepting each minute as an unrepeatable miracle. Which is exactly what it is--a miracle and unrepeatable.

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Once Over Lightly

A psychiatrist was examining three patients referred to his department. For one of the tests, the doctor poured a pitcher of water from a height of three feet into an empty metal bucket, and asked each patient what the sound brought to his mind.

The first man, a farmer, said it reminded him of rain falling on the tin roof of his barn. The second, an outdoorsman, reported that it made him think of a waterfall. The third fellow, an alcoholic, said it caused him to think of whiskey.

"Why is that?" asked the psychiatrist.
"Because I never think of anything else," replied the drunk.

Alice C.,
New York

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Once Over Lightly

WE WERE SURPRISED at the advice given by a psychiatrist to whom a deeply depressed alcoholic went for help.

"I understand how you feel," said the doctor. "I get that way myself occasionally, and I've found that if I take a week's vacation with my wife, I snap right out of it."

"Sounds great, doc!" replied the lush. "When would it suit your wife best?"

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Humor

A drunk weaving along a street encountered a passerby to whom he said, "Shay, can you direct me to Alcoholics Shinonymous?"

"What's the matter?" asked the passerby. "Do you want to join?"

"No," said the fellow, "I want to resign."

Arthur Godfrey

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Short Snorts

When Frank got sick, the doctor prescribed a shot of whiskey and two aspirins every four hours. Right now, Frank is 10 weeks behind on the aspirin and two years ahead on the whiskey.

J. M.

Connecticut
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Distilled Spirits

As my sponsor likes to continually remind me, AA is not a self-help program: it is a help-others program.

Lynn C.
Iowa

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Humor

Age doesn't mean much unless you are a cheese.

Agenda

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Ham on Wry

"When it comes to gratitude, my mind is like Teflon. When it comes to resentments, my mind is like flypaper. Meetings help me to reverse that phenomenon."

David K.
Delaware

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Short Takes

Troubles, adversities, contradictions, the ill-will and slights of others; all these are good if you turn them into gentle nudges toward humility.

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SHORT TAKES

THINK! It may be a new experience. . .

Anon.
California

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HOME GROUP HAPPENINGS

CELEBRATIONS IN SOBRIETY FOR JUNE-JULY-AUGUST 2009

Winners Group	Bellaire Group	Keystone Group	No Guarantee Group
06-08-96 Linda S.	07-11-06 Stephanie T.	06-10-86 Ann K.	06-02-08 Eric P.
06-10-08 Kenneth A.	08-19-02 Bud B.	06-10-07 Pat R.	06-11-94 Daniel T.
06-12-94 Ellen B.	Airline Group	06-16-88 Randy B.	06-22-07 Daniel S.
06-13-01 Floe	06-23-06 Mike A.	06-20-08 Bill D.	07-05-07 Rick S.
06-14-79 Peggy B.	06-27-06 Aaron L.	06-19-89 Ed J.	07-16-03 Marcus G.
06-20-85 Howard H.	07-01-04 Johnny W.	06-23-05 Debbie D.	07-21-07 Larry G.
06-24-06 Gary W.	07-09-90 Daphne M.	07-01-05 Mardia G.	07-31-07 Ryan R.
06-25-89 Claude R.	07-29-06 Cynthia L.	07-04-04 Eric M.	08-05-01 Jerry S.
06-28-87 Patty M.	07-29-06 Reece M.	07-08-08 Eric P.	08-11-01 Josette G.
07-02-89 June B.	08-10-16 Corey S.	07-11-86 Craig J.	08-19-08 Sean P.
07-03-91 Shirley P.	08-11-06 Tony	07-14-88 Gene I.	08-23-08 Chris M.
07-04-85 Jariel J.	08-12-01 Laurie S.	07-25-90 Judy C.	08-27-07 Ray F.
07-05-94 Paul M.	08-13-05 Ginny C.	08-06-06 Mitch F.	08-27-08 Susan P.
07-07-89 Ronnie M.	08-16-06 Kim M.	08-23-01 Polly M.	Lunch Bunch
07-10-89 Rachel G.	08-16-06 Shelly F.	08-27-06 Kerry F.	06-21-93 Bob D.
07-12-96 Jo G.	08-21-06 Tommy W.	08-30-90 Neece D.	07-02-96 Michael R.
07-17-90 Beth A.	08-23-06 Christy H.	Hospitality Group	07-10-05 Valorie H.
07-18-98 Betty M.	08-23-06 Philip G.	06-10-05 Karen W.	07-18-01 Sean D.
07-20-05 Lisa H.	Broadmoor Awareness	06-24-00 Kevin W.	07-29-94 Jim P.
07-22-05 Dennis H.	06-05-02 Michael B.	Friday Nite Live	08-26-91 Ginny B.
07-24-05 Christina P.	07-01-04 Linda K.	06-03-08 Whitney S.	08-31-91 Travis Mc.
07-24-87 Welborn J.	07-10-91 Julie	06-09-73 Danny M.	Rise -N-Shine
07-25-05 Genie F.	07-10-91 Brent	06-11-04 Bill K.	06-26-03 Tom M.
07-25-08 DeeAnn W.	07-31-92 Randy B.	06-21-98 James H.	07-18-02 Judie M.
07-30-89 John B.	Fairfield/Grassroots	07-13-03 Ronald L.	08-05-95 Greg W.
07-31-05 Brian L.	06-01-00 John B.	08-26-08 John P.	08-13-99 Charles G.
07-31-98 Ron W.	06-19-05 Gary R.	Still Magnolia	08-17-03 Shirley B.
08-01-02 Michelle M.	06-24-06 Gary W.	07-05-90 Zan S.	08-25-03 Tommy B.
08-01-08 Dana T.	06-22-98 Steve T.	07-05-04 Lynn R.	Greater Hope Group
08-01-04 Craig S.	07-05-01 Mike D.	07-25-04 Stephanie C.	07-05-07 Rick S.
08-01-05 Sherry M.	07-05-90 John H.	08-02-97 Ginger N.	07-20-98 Julie B.
08-02-88 Susan C.	07-23-01 Robert F.	08-03-94 Dottie W.	07-31-07 Ryan R.
08-03-05 Morgan O.	07-31-92 Randy B.	08-26-04 Shawn S.	08-05-01 Jerry S.
08-03-06 Kelli M.	08-22-04 Gregg F.	Grace Group & PPG	08-20-08 Ray Mc.
08-04-03 Brad H.	08-22-06 Lester C.	06-06-09 Don H.	08-25-07 James S.
08-05-01 Jerry S.	08-24-03 Georgia K.	06-07-98 Beth R.	The Ya-Yas Group
08-08-04 Mark R.	Faithful Few	06-18-08 Ken W.	06-03-07 Jennifer G.
08-08-04 Michelle D.	06-21-93 Bob D.	06-24-06 Gary W.	07-01-07 Julie L.
08-09-03 Darla H.	07-18-05 Cheri F.	06-25-89 Claude R.	07-05-90 Zan S.
08-11-08 Karen H.	08-19-95 Bodie L.	06-28-08 Ahmad A.	07-07-99 Kelley P.
06-16-07 Cheryl B.	08-19-02 Bud B.	06-28-03 Jim J.	07-24-06 Sarah
08-17-07 Paula C.	Happy Destiny	07-10-89 Ronnie M.	08-11-07 Britni B.
08-18-86 Mike L.	06-05-01 Mike D.	07-19-07 Mary Q.	08-19-06 Crystal Y.
08-19-04 Christy T.	06-15-96 Marilyn E.	07-25-08 DeeAnn W.	08-26-02 Jamie C.
08-22-04 Gregg F.	06-16-95 Antonio M.	07-25-07 Sparky C.	Sobriety 101
08-23-01 Polly M.	07-03-03 Tony L.	08-03-05 Morgan O.	06-01-05 Mardi G.
08-28-05 Stephen H.	07-07-99 Kelley P.	08-06-01 Tony W.	06-02-94 Elaine S.
08-29-01 Bill C.	08-13-03 Robert D.	08-06-08 Ken W.	06-08-06 Harriet M.
08-29-98 Rhonda W.	Half-Past Five Group	08-12-08 Angie L.	06-24-00 Janelle J.
Sat. Morning Live	06-10-92 Anita J.	08-14-08 Emily G.	07-02-89 June B.
06-18-99 Jerry S.	06-23-07 Gail L.	08-17-07 Paula C.	08-08-84 Frances T.
06-22-07 Jacque G.	06-23-02 Jerry H.	08-23-01 Polly M.	08-17-07 Paula C.
06-22-98 Steve T.	06-23-06 Mike A.	08-24-07 Clay J.	Westwood Group
06-26-05 Kenneth M.	06-26-08 Julie R.	08-28-87 Mike T.	06-06-00 Jim R.
07-05-90 John H.	07-01-06 Nancy P.	New Beginnings	06-10-92 Anita J.
07-16-84 Debbie F.	07-09-90 Daphne M.	06-06-00 Mildred H.	
07-23-93 Ralph B.	07-11-86 Woodrow H.	07-09-95 Walter B.	
07-24-87 Mike P.	07-25-87 Barbara K.	07-09-05 Suzan C.	
08-01-07 Mike H.	07-26-07 Terry M.	07-17-03 Sterling R.	
08-02-01 Fred B.	07-27-97 Bo M.	07-22-05 Peggy F.	
08-05-01 Jerry S.	08-02-07 Jason C.	08-19-04 Karen C.	
08-11-92 J.T. F.	08-08-03 Jim S.	08-27-04 Jackson H.	
Logansport Group	08-16-06 Mike C.	Back to Basics	
06-22-06 Debbie S.	08-31-82 John J.	06-22-04 Ted B.	
08-08-84 Regina M.	South Shreveport	06-22-07 David S.	
08-25-06 Paula U.	07-09-01 Mary H.	07-01-08 Maurice S.	
Southfield Group	08-02-88 Dorothy F.	07-14-08 Linda D.	
07-07-99 Kelley P.		07-25-90 Judy C.	

THE 12 STEPS OF A.A.

1. We admitted we were powerless over alcohol -that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked God to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

THE 12 TRADITIONS OF A.A.

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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Logansport Recovery Group

The Logansport Recovery Group invites you to our Monday night, open discussion meeting at 7:00pm at 113- 3rd St. in Logansport, LA. We are about an hour's drive from Shreveport by taking I-49 South, to LA-84 West into Logansport and then left turn on 3rd St. going South and look for us at 113-3rd St. We also meet on Thursdays at 8:00pm. See you here! ■

HI & DRY GROUP

The Hi & Dry Group still meets every Friday night at 6:00 pm at the Airport Park Recreation Center at 6500 Kennedy Dr, Shreveport, LA. Come out and help us carry the message at this open discussion meeting. ■

The Lambda Group

The Lambda Group meets in a safe and accepting retreat where gay, lesbian, bi-sexual and transgender people can find recovery from alcoholism with the program of AA. We meet Thursday evenings at 6:30pm in an open-discussion format at the Shreveport Church of Hope at 1714 Highland Ave., in Shreveport, LA 71104. ■

NEW LADIES MEETING

The Heavenly Home Group for Women meets at 7:00pm at Union Spring Missionary Baptist Church at 702 E. 71st. Shreveport, LA 71106 Join us ladies as we carry the message.■

South Shreveport Group 3rd Saturday Open Speaker Meeting & Quarterly Dinner

@ The Highland Club, 1711 Tulane Ave. Shreveport, LA 71103 Saturday, June 20th, 2009 Meatloaf Dinner @ 6:30pm Speaker @ 8:00pm: Bill L. [Next month's 3rd-Saturday-speaker meeting will be July 18th, 2009: fellowship at 7:30pm, speaker at 8:00pm]. ■

NOTICE

The Hospitality Group's meeting relocated again to: 1507 Abbie St., Shreveport, LA at the Alano Club. (The former location of the Boys and Girls Club.) We meet Saturdays 8:00pm to 9:30pm We are asking for your help to spread the word around that we moved. We appreciate your support as we carry the message of recovery on Saturday nights. Monica—840-9990 ■

The State Line Group

The State Line Group meets every Friday at 7:00 pm at Grace Ministries Church at 415 Spur 156 in Waskom, Texas 75692. Every third Friday of the month is our open speaker meeting. For more information call 903-687-3456. ■

FROM OUR DISTRICT 1

2009 Louisiana Area Assembly Schedule:

NOTE: ASSEMBLIES ARE BACK BATON ROUGE

August 22 & 23, 2009

Holiday Inn, Baton Rouge

November 14 & 15, 2009

Holiday Inn, Baton Rouge

Next Assembly: August 22 & 23, 2009
 Holiday Inn, Baton Rouge
9940 Airline Highway Baton Rouge, LA 70816
225-924-7021

Reservations must be made at least 21 days in advance of scheduled date, also everyone needs to make sure that room is credited to the room block for the Louisiana Area Assembly.
 Phone: 318-542-4429
 Room Rates: Courtyard \$89.00, Tower 99.00 per night (plus tax).

Our Local, Shreveport/Bossier Area District 1 General Service Meetings are the second Wednesday of every month and the next two will be Wednesday, June 10th, 2009 and Wednesday, July 8th, 2009 at 6:30 pm at the Highland Club where we might share some food, study a Tradition, and a Concept and plan District business and upcoming events like Unity Day '09 this Fall. ☐

THE TWENTY EIGHTH ANNUAL BAYOULAND JAMBOREE
 of Alcoholics Anonymous
LABOR DAY WEEKEND
 September 3rd-6th, 2009

Quality Inn (Formerly Holiday Inn/Holidome)

• 210 South Hollywood Road • Houma, LA
www.bayoulandjamboree.org

Contact:

Contact: Yogi N: 985-872-0235
Trevor B. 985-631-0882

The Tri-State Convention Silent Auction

(Another Fabulous Pre-Convention Event)
 Saturday, August 22nd, 2009
 At the Highland Club
 1711 Tulane Avenue
 Shreveport, Louisiana 71103

Bidding begins at 3:00pm

Dinner at 6:30pm

Bidding concludes at 7:45pm

Speaker at 8:00pm

50-50 Raffle after the speaker.

Winning bidders awarded after raffle.

Call Central Office for more information or to donate auction items at 318-865-2172 and a committee member will contact you.



TRI-STATE CONVENTION CORNER

The Tri-State Convention Committee Presents...
 A Pre-Convention Event
BIG SUMMER FUNDAY
 and Carnival

Saturday, June 13th, 2009
 11:00 AM to 5:00 PM at
 THE KOALA CLUB
 4809 Shed Rd.,
 Bossier City, LA 71111
 318.747.0411

A FULL DAY OF
 FOOD & FELLOWSHIP,
 FUN & GAMES, AND MORE
 FOR ALL AGES
STARTS AT 11:00 AM

HERE IS JUST SOME OF WHAT WE HAVE IN STORE FOR EVERYBODY!

DUNK-A-DEACON DUNKING BOOTH	Basket Ball Shoot	Face Painting
Tug-Of-War	Hamburgers and Hot Dogs And Iced Tea (Please bring desserts)	Arm Wrestling
Bingo		Horseshoes
Football Throw	Open Speaker Meeting at 4:00pm with our special guest Chet S. Of West Monroe, LA with 19 Years Sober.	Basketball Throw
Hourly Paint Stick Raffles		The Joyride Jail Warrants for \$5.00. Get Bailed Out for \$10.00 or Perform 30 minutes of community service in the dunking booth.
We will have a Tri-State Convention Pre-Registration Booth		50/50 Raffle Drawing Right after the speaker
More	The Tri-State AA Convention 2009 "Remarkable Things Will Happen" Celebrating 64 years of the AA Fellowship in our area. October 23 rd , 24 th & 25 th , 2009 at The Bossier Civic Center.	& More

For more information about the Tri-State Convention, this or any of our other events contact us through Tri-State Committee in C/O The Central Office Intergroup of Shreveport 2800 Youree Drive, #362, Shreveport, LA 71104 ~ Phone 318.865.2172 Fax 318-865-2170 or log on at www.aacentraloffice.us

The 64th Tri-State AA Convention
"Remarkable Things Will Happen"

Greetings from the Convention Planning Committee

[Please Note Corrected Tri-State Convention Dates]

The year 2009 will mark 64 years of Alcoholics Anonymous in our area and will begin with kick-off meetings at two area clubs (i.e. Highland Club and Koala Club) at 8:00pm on Thursday, October 22nd, 2009. Then the convention registration will start at 3:00pm on Friday, October 23rd, at Bossier Civic Center and continue through Saturday, October 24th, and wrap up Sunday, October 25th, at noon.

For anyone interested in getting in on the fun of helping make this convention happen, please come to our planning committee meetings. They are held at The Central Office of Shreveport, at 2800 Youree Drive, Suite 362, Shreveport LA 71104. We need you at all of the other events listed in the schedule below, too.

Check this corner each month as further plans unfold and more information will be revealed about where you're needed. To offer your comments and suggestions for this year's convention, or for any other information please contact us through The Central Office of Shreveport at (318) 865-2172 and someone from the planning committee will call you back.

- Sun., June 7th, 2:00pm planning committee meeting @ AACO.
- Sat., June 13th, start of summer pre-convention Event @ Koala Club.
- Sun., July 12, 2:00pm planning committee meeting @ AACO.
- Sun., Aug. 2nd, 2:00pm planning committee meeting @ AACO.
- Sat. Aug. 22, silent auction, dinner and speaker meeting @ Highland Club.
- Sun., Sept. 13, 2:00pm planning committee meeting @ AACO.
- Sat., Oct. 3rd, 6:30pm Tri-State hosts Intergroup @ Highland Club.
- Sun., Oct. 4th, 2:00pm planning committee meeting @ AACO.
- Sun. Oct. 18th, 2:00pm 11th-Hour planning committee meeting @ AACO.
- **Thursday, Oct. 22nd, 8:00pm Kick-off speakers @ Koala and Highland Clubs.**
- **Friday, Oct. 23th, 3:00pm Tri-State Registration opens @ Bossier Civic Center.**
- **Saturday, Oct. 24th, 8:30am to 12:00 midnight Convention continues.**
- **Sunday, Oct. 25th, 8:30am to Noon Tri-State Convention ends. Awwwww!**

Area Club Information

The Message

KOALA CLUB MEETINGS

4809 Shed Rd., Bossier City, LA 71111
318-747-0411

Monday

First Things First (O,D)	7:00am
Rise & Shine (O,D)	9:00am
Lunch Bunch (O,D)	12:00pm
Half Past Five (O,D)	5:30pm
Alateen	7:00pm
St. Francis Group (O,D)	8:00pm

Tuesday

First Things First (O,D)	7:00am
Rise & Shine (O,D)	9:00am
Tai-Chi	10:00am
Lunch Bunch (O,D)	12:00pm
Forum Al-Anon	12:00pm
Half Past Five (O,D)	5:30pm
Bossier Group	8:00pm
We Do Recover (NA)	8:00pm

Wednesday

First Things First (O,D)	7:00am
Rise & Shine (O,D)	9:00am
Lunch Bunch (O,D)	12:00pm
Half Past Five (O,D)	5:30pm
Airline Group (O,SS)	8:00pm
Bossier City Al-Anon	8:00pm

Thursday

First Things First (O,D)	7:00am
Rise & Shine (O,D)	9:00am
Lunch Bunch (O,D)	12:00pm
Half Past Five (O,D)	5:30pm
Bossier Group (O,D)	8:00pm
We Do Recover (NA)	8:00pm

Friday

First Things First (O,D)	7:00am
Rise & Shine (O,D)	9:00am
Lunch Bunch (O,D)	12:00pm
Half Past Five (O,D)	5:30pm
Living Sober (O,D)	8:00pm
12 & 12 Al-Anon	8:00pm
New Freedom Lite (O,D)	10:00pm

Saturday

Rise & Shine (O,D)	9:00am
Lunch Bunch (O,D)	12:00pm
Half Past Five (O,D)	5:30pm
Bossier Group (O,D)	8:00pm
(4th Sat. Pot Luck Dinner & Speaker)	
New Freedom Lite (O,D)	10:00 pm

Sunday

Rise & Shine (O,D)	9:00am
Sun. Morn. Al-Anon	9:15am
Three Legacys (O,D)	12:00pm
Half Past Five (O,D)	5:30pm
GA Meeting	2:00pm
Faithful Few (O,D)	8:00pm

Central Office Intergroup

The First Saturday in the months of Jan., March, May, July, Sept., & Nov. is The Central Office of Shreveport Intergroup at Koala Club with dinner at 6:30pm and open speaker meeting at 8:00pm..



Check It

Out

There's a
New Club in Town

The ALANO CLUB

OF SHREVEPORT, INC
A NON-PROFIT CORPORATION

BRINGING RECOVERY
TO OUR COMMUNITY

1507 ABBIE STREET
SHREVEPORT, LA 71103

ON THE NORTH-WEST CORNER
OF ABBIE ST. @ ALLEN AVE.

(IN THE FORMER LOCATION
OF THE BOYS AND GIRLS CLUB.)

Monday

Upon Awakening Group (O-D)	8:30am
New Hi Noon (O-D)	12:30pm
The Evening Group (O-D)	8:00pm

Tuesday

Upon Awakening Group (O-D)	8:30am
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Wednesday

Upon Awakening Group (O-D)	8:30am
New Hi Noon (O-D-BB)	12:30pm
A Woman's Worth (C-D, Ladies)	6:00pm

Thursday

Upon Awakening (O-D)	8:30am
New Hi Noon (O-SS)	12:30pm

Friday

Upon Awakening (O-D)	8:30am
Candlelight Nights (O-D)	11:00pm-Until

Saturday

Upon Awakening (O-D)	8:30am
Hospitality Group (O-D)	8:00pm to 9:30pm

Sunday

Upon Awakening (O-D)	8:30am
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Other groups are welcome to locate here. Information subject to change as new groups are added and other groups adjust their schedules to meet the needs of the fellowship and their group members.



HIGHLAND CLUB MEETINGS

1711 Tulane Ave, Shreveport, LA 71103
318-636-9388

Monday

Eye Opener (O-D)	8:30am
Hi Noon (O-D)	12:00pm
5:30 Group (O-D)	5:30pm
Back to Basics (C-BB)	7:00pm
Monday Nite Big Book (O-BB)	8:00pm
The Yayas Group (O-D) Ladies only	8:00pm

Tuesday

Eye Opener (O-D)	8:30am
Eye Opener Big Book Study C-BB)	8:30pm
Hi Noon (O-D)	12:00pm
5:30 Group (O-D)	5:30pm
Tulane Group (C-SP)	8:00pm

Wednesday

Eye Opener (O-D)	8:30am
Wednesday Morning AL-ANON	10:00am
Hi Noon (O-D)	12:00pm
5:30 Group (O-D)	5:30pm
Tulane Group (C-SS)	8:00pm

Thursday

Eye Opener (O-D)	8:30pm
Hi Noon (O-D)	12:00pm
5:30 Group (O-D)	5:30pm
Tulane Group (O-SP)	8:00pm

Friday

Eye Opener (O-D)	8:30am
Hi Noon (O-ABSI)	12:00pm
5:30 Group (O-D)	5:30pm
That's the Ticket Group (O-D)	8:00pm
The Promises (C-D)	8:00pm

Saturday

Eye Opener (O-D)	8:30pm
Hi Noon Beginners (O-D)	12:00pm

Call club for Saturday night events.

Sunday

Eye Opener (O-D)	8:30am
Hi Noon (O-D) Spiritual Progress	12:00pm
Tulane Group (C-D)	7:00pm

District 1/Area 27

General Service Meetings

2nd -Wednesday of the month at 6:30pm

The Highland Club, Inc. Members Meetings

The Highland Club Inc. membership will meet on July 20th at 6:30pm. (The third Monday.)

Central Office Intergroup of Shreveport

Monthly Open Speaker Meeting and Dinner

At the Highland Club is the 1st Saturday in the months of Feb., Apr., June, Aug., Oct., & Dec. Eat @ 6:30pm-speaker at 8:00pm.

South Shreveport Group

Third Saturday Open Speaker Meetings and Quarterly Dinners.

North Louisiana H & I Committee.

Quarterly meetings on the fourth Wednesday at 6:30pm. ■

The "Clubs" listed here are not A.A. clubs. A.A. neither endorses nor opposes such clubs. These are social clubs established by groups or individuals who are themselves recovering alcoholics. The A.A. group meeting at the club is available to any alcoholic-club member or not. The group is separate and pays a fare rent for the use of the club facilities. Even though the group meets in a club that may be composed exclusively of A.A. members, and many members of the group may be club members, too, the relationship of the A.A. group itself to the club should be the same as it would be to a church, hospital, school, etc., in which it might rent space for its meetings. ■

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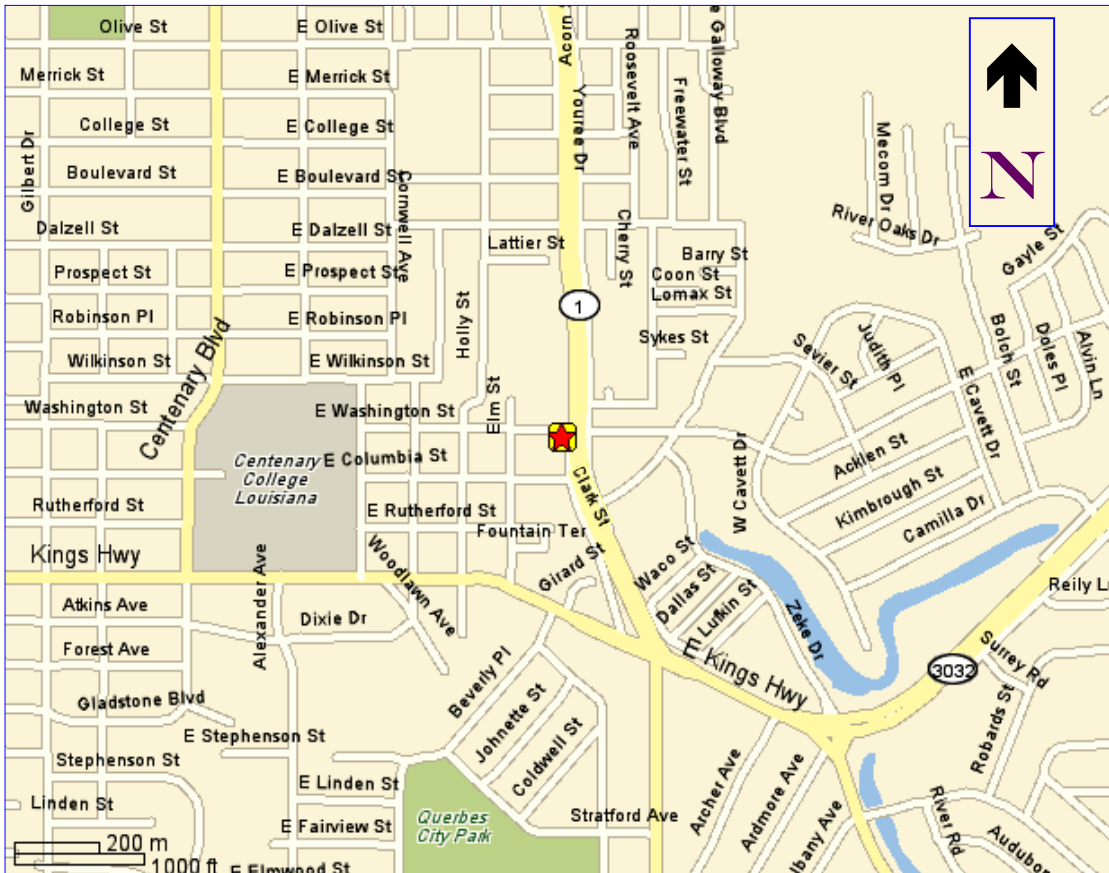
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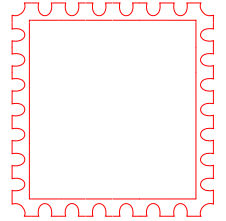
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